

You can access United Way's [2-1-1 website](#) or call 2-1-1 for help with a wide range of other basic needs and crisis intervention services. United Way Call Specialists are trained to provide resources and referrals on many issues beyond homelessness including mental health, drug or alcohol addiction, food insecurity, utility assistance, tax preparation, employment, and transportation.

Additional Resources

NEW LONDON COUNTY

American Job Center

601 Norwich New London Turnpike, Suite 1, Uncasville, Connecticut 06382 | 860- 848-5223

Services: Employment, Transportation, Referrals, Veteran Services, Career Center Services, Resume/Cover Letter Assistance, Interviewing Skills

Care & Share of East Lyme, Inc.

12 Roxbury Road, Niantic, CT |860-739-8502

Services: Provides food, financial and emergency support to individuals and families in East Lyme, Niantic and Salem, Connecticut.

Catholic Charities

28 Huntington Street, New London, Connecticut 06320 | (860) 443-5328

Services: Utility Assistance, Rental Assistance (as funds are available), Food, Counseling, Emergency Basic Needs, Case Management, Pregnancy & Parenting Support, Adoption Referrals, SNAP

Child and Family Agency

7 Vauxhall Street, New London, CT | 860-437-4550

Services: Mental Health Services, Medical Services, Children's Services, Crisis Assistance, Child Welfare, Referrals

Covenant Shelter of New London

42 Jay Street, New London, Connecticut 06320 | 860-443-0537

Services: Transportation Assistance, Hygiene Products, Diapers, Clothing, Medical Assistance, Housing Assistance, Case Management, Employment Support

Jewish Federation of Eastern Connecticut

400 New London Turnpike, Norwich, Connecticut 06360 | 860-442-8062

Services: Utility assistance, Certificate/License Assistance, Feminine Hygiene Products, Youth Programming

Madonna Place

240 Main Street, Norwich, CT 06360 | 860-886-6600

Services: Family Support Center, Fatherhood Initiative, Great Beginnings for High-risk Pregnant Mothers, Community Outreach, and Case Management Support Services

New London Community Meal Center

12 Montauk Avenue, New London, Connecticut 06320 | 860-444-7745

Services: Food Assistance

New London Homeless Hospitality Center

730 State Pier Road, New London, Connecticut 06320 | 860-439-1573

Services: Shelter, Housing Support and Permanent Housing for Adults Facing Homelessness

Pawcatuck Neighborhood Center

27 Chase Street, Pawcatuck, Connecticut 06379 | 860-599-3285

Services: Utility Assistance, Baby Supplies, Support Groups, Job Coaching, WIC, SNAP

Safe Futures Open 24 Hours

16 Jay Street, New London, Connecticut 06320 | 860-701-6001

Services: Domestic Violence Agency providing 24/7 Confidential Hotline & Counseling, Emergency Crisis Shelter & Housing, Court Support Services, Pathways & Camp Hope

Salvation Army

11 Governor Winthrop Blvd., New London, Connecticut 06320 | 860-443-6409

Services: Food, Clothing, Furniture, Alcohol & Drug Programs, Worship Center, Shelters

St. Vincent DePaul Place

120 Cliff Street, Norwich, Connecticut 06360 | 860-889-7374

Services: Soup Kitchen, Food Assistance, Referrals, Addiction Assistance, Case Management, Hygiene Products

Thames River Community Service

1 Thames River Place, Norwich, Connecticut 06360 | 860-887-3288

Services: Housing Assistance, Shelter, Youth Services

TVCCA in Norwich and New London

401 West Thames Street, Unit 201, Norwich, Connecticut 06360 | 860-889-1365

83 Huntington Street, New London, Connecticut 06320 | 860-444-0006

Services: Energy Assistance, Eviction Prevention, WIC, Employment Services, Food & Nutrition, Housing

UCFS - Colchester Behavioral Health Center

212 Upton Road, Suite C, Colchester, CT | 860-537-7676

Services: Behavioral Health Services

UCFS - The Edward & Mary Lord Family Health Center

47 Town Street, Norwich, CT | 860-892-7042

Services: Pediatric & Adult Primary Care, After-hours Pediatric Walk-in Care to Newborns through Age 18, Gynecology, Dental, Behavioral Health

UCFS - Griswold Health Center

226 East Main Street, Griswold, CT | 860-376-7040

Services: Pediatric and Adult Primary Care, Behavioral Health Services

UCFS - New London Health Center

351 North Frontage Rd, Suite 24, New London, CT | 860-442-4319

Services: Adult Primary Care, Behavioral Health

(Please enter at the doors to the left of Marshalls)

Windham County

Access Community Action Agency

1315 Main Street, Suite 2, Willimantic, Connecticut 06226 | 860-450-7400

Hours: 8:00 am - 4:00 pm

Services: Eviction Prevention, Energy Assistance, Food Pantry, Emergency Shelter, Employment Services, Case Management, Counseling Services

Holy Family Home & Shelter Inc.

88 Jackson Street, Willimantic, Connecticut 06226 | 860-423-7719

Hours: Open 24 Hours

Services: Housing and Shelter

Sexual Assault Crisis Center of Eastern Connecticut

90 South Park Street, Willimantic, Connecticut 06226 | 860-456-3595

Services: Crisis Intervention, Medical Assistance, Domestic Violence Victim Advocacy, Counseling, Child Advocacy

UCFS - Plainfield Health Center

120-122 Plainfield Road, Moosup, CT |

Services: Pediatric & Adult Primary Care, Behavioral Health

United Services, Inc.

1007 North Main Street, Dayville, CT 06241 | 860-774-2020

Services: Mental Health Assistance, Domestic Violence Services, Addiction Recovery Services, Family Services, Senior Services

Don't Forget Your City or Town's Human Services Departments

Colchester Youth & Social Services

127 Norwich Avenue, Suite 205, Colchester, CT | 860-537-7255

East Lyme Youth, Family and Human Services

108 Pennsylvania Ave., Niantic, CT | 860-739-6931

Groton Human Services

2 Fort Hill Road, Groton, CT 06340 | 860-441-6760

Lebanon Social Services

579 Exeter Road, Lebanon, CT 06249 | 860-642-4580

Ledyard Social Services

741 Colonel Ledyard Highway, Ledyard, CT | 860-464-8740

Montville Social Services

310 Norwich-New London Turnpike, Uncasville, CT | 860-848-8820

Norwich Human Services

100 Broadway, Norwich, Connecticut 06360 | 860-823-3778

Salem Social Services

270 Hartford Road, Salem, CT 06420 | 860-859-3873

Stonington Human Services

166 South Broad Street, Pawcatuck, Connecticut 06379 | 860-535-5015

Waterford Youth & Family Services

24 Boston Post Road, Waterford, Connecticut 06385 | 860-444-5848

Supplemental Food Resources

Southeastern Connecticut United Way – Where to Find Food

UCFS Food Pantry Distribution Calendar

Utility Assistance

Eversource Energy – For Payment Plans and Assistance to Low-income Households

Connecticut Energy Assistance Program (CEAP)